



Jeans made easy

After many years of working with clients and their wardrobes, Kirstie has found jeans are pretty much top of the list of tricky!

I probably wear my jeans seventy-five percent of the time by default, picking them up to wear with a shirt or smarter jacket as my go to 'easy peasy' look. I'm comfortable and feel at home in this look (even though it's not always easy, being pear shaped).

I started my Jeans Workshops earlier in the year to make the process of trying on jeans as easy as possible. It is a session to try on High Street and designer brands, both low and high prices to get an idea of the difference in quality and fit. Is it worth spending £100 or just as good with a £30 pair?

From experience I know the only answer is to try on and see. There have been numerous articles on denim this year and when someone raves about a certain brand, I know that it may have been a perfect fit on that person but not on everyone. In essence there are no short cuts, just try on as many different brands as you can before you decide.

I like to find out fit issues and problem areas before we start; here are some examples:

"muffin top and around the sides"

"...jeans with a huge amount of Lycra, as I feel constricted"

"baggy bum after few wearings"

"too skinny jeans highlight my lower legs".

I am sure these points resonate with women everywhere, as jeans are a worldwide wardrobe basic.

So with these comments in mind before my sessions begin, I collect jeans from a mixture of sizes from a selection of brands. I choose a collection of t-shirts, shirts and jackets to offer easy wearable layers to keep casual or to dress up for smart casual. I also include inspiring accessories to finish off the look and get the proportions right.



Add a tailored jacket for stronger shoulders, above or as Rosie Huntington-Whiteley below.



Some of the comments I received after the workshop:

"I really enjoyed the chance to try on different styles and makes all in one place and try things I wouldn't necessarily pick out. Your approach of gentle guidance was perfect."

"It was good to try on some new styles and helpful to have tops and jackets to style the jeans with."

"It was relaxed and great fun, and I got fabulous jeans out of it too. Definitely recommend it for anyone who needs help finding the right thing or is simply short of time to trawl through the millions of options out there!"

Please see below for the workshops I will be holding in September.

Jeans Questionnaire

I would love to know more from you about your relationship with Jeans:

- How often a week do you wear jeans?
- What are your main issues with finding a great pair?
- Have you found a successful brand for your body shape?
- How much are you happy to pay?
- Do you find the sizing tricky?

Maybe you don't wear them at all, tell me about it?

Please email me at: kirstie@kirstiesmillie.com.

Jeans Workshop

Location: House of Fraser, Guildford. Fee, £50 with a £20 gift card returned on arrival. Places are available on Saturday 10th September and Tuesday 13th September.

For more details or future dates, please visit www.facebook.com/smiliiekirstie or contact Kirstie (see right).

White tops it

A white shirt suits the jeans look, but play with proportions.

Oversized with skinny, shown by actress, Olivia Palermo.

Cropped with high waisted.

Or classic button up with a wider ankle length, shown by creative, Linda V Wright.



Add a heel

Its fun to work the boy girl look with a heel or wedge.

Roll up slim legs to show an ankle with a heel.

If you dare to flare, wear high wedges for flattering proportions.

Boyfriend jeans look best with a feminine heel for a smart casual look, but trainers rule for everyday.



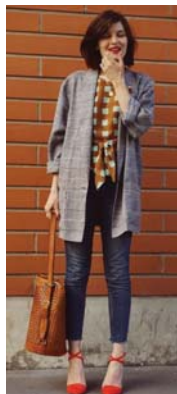
Colour addition

The neutral shades of denim can take a colour.

Add a bright shoe for one area of impact.

Look out for the new trend of embroidery and patches (or add your own)

Add a bright scarf to lift muted tones



All images found on www.pinterest.com

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